

YOUTH ATHLETICS



Parent-Child Classes

Please remember that these classes are designed for you to be an active participant with your child registered in the class. We do not allow siblings to attend class with you.

Preschool Class Age Requirements

1. Children must meet age listed for the program by the first day of the class.
2. Unless program states “with adult”, the program is for the child only.

The following classes are all taught by Hot Shots Sports:

- Lil Dribblers
- Lunch and Sports
- Pee Wee Soccer
- Sports and More

Lil Dribblers: Rookies

The Rookie Dribblers program is designed to progress children through their early basketball experience. Simple skills acquired in the Junior Dribblers are reinforced and other aspects of the game are introduced in a fun and supportive environment. No class 3/28.

Age: 3-5

Location: Weiss Community Center

F 11:45 am-12:30 pm

Jan 10-Feb 14 \$84R/\$101N

Mar 7-Apr 25 \$98R/\$118N

May 2-Jun 6 \$84R/\$101N

Lunch & Sports

Children are introduced to a variety of sports including soccer, t-ball, basketball, football, kickball plus others as well as group games. Our goal is to provide the opportunity for each child to develop motor skills & nurture his/her growth socially through teamwork & good sportsmanship. Those attending pre-school at Weiss Community Center will be picked up for class. Children should bring lunch & water. No class 3/27.

Age: 3-5

Location: Weiss Community Center

Th 11:30 am-1 pm

Jan 9-Feb 13 \$120R/\$140N

Mar 6-Apr 24 \$140R/\$160N

May 1-May 15 \$60R/\$72N

Pee Wee Soccer

This class is designed to increase balance, body awareness, motor skills, and make soccer fun. Players will work on ball touches and controlling the ball. Class will work on balance and movements through games and challenges. No class 3/28.

Age: 3-5

Location: Weiss Community Center

F 1:30-2:15 pm

Jan 10-Feb 14 \$84R/\$101N

Mar 7-Apr 25 \$98R/\$118N

May 2-Jun 6 \$84R/\$101N

Sports and More

Children are introduced to the fundamentals of such sports as soccer, t-ball, football, hockey plus others as well as group games. We provide an opportunity for each child to develop motor skills & nurture his/her growth socially & emotionally through teamwork & good sportsmanship.

Those attending pre-school at Weiss Community Center will be picked up for class. No class 3/25, 3/27 & 3/28.

Age: 3-5

Location: Weiss Community Center

Tu 12-12:45 pm

Jan 7-Feb 11 \$84R/\$101N

Mar 4-Apr 22 \$98R/\$118N

Apr 29-Jun 3 \$84R/\$101N

Th 10-11:30 am

Jan 9-Feb 13 \$120R/\$140N

Mar 6-Apr 24 \$140R/\$160N

May 1-May 15 \$60R/\$72N

F 12:45-1:30 pm

Jan 10-Feb 14 \$84R/\$101N

Mar 7-Apr 25 \$98R/\$118N

May 2-Jun 6 \$84R/\$101N



Heritage Tennis Club Lessons

Escape the cold with indoor tennis lessons! The Arlington Heights Park District is pleased to offer indoor tennis instruction at the Heritage Tennis Club in Arlington Heights. You do not need to be a resident of Arlington Heights or a member of the Club to participate. Non-member fees exist, but you can try the program before deciding to join and receive membership benefits.

For more information about programs and rates, call 847.398.7780 or go to www.ahpd.org/htc.



Figure Skating

River Trails Park District has joined with Mount Prospect Figure Skating Academy to offer our community figure skating lessons! Mount Prospect Figure Skating Academy's purpose is to teach individuals the fundamentals of ice skating in a safe, fun, and energetic manner while providing a curriculum that will advance skills in each and every lesson. The ratio is 6:1 student to coach.

Please arrive at the rink 10 minutes early so we can help with skates. Dress warm!

Location: Mount Prospect Ice Arena, 1501 Feehanville Dr., Mt. Prospect

Snowplow Sam

This class offers our younger skaters a chance to get out on the ice and learn in an age appropriate manner. No previous experience needed.

Age: 3-6

The Basics

A fun and fast pace class to encourage skaters to grow and learn. This class is designed for children and adolescents that want to learn the fundamentals of ice skating. No previous experience needed.

Age: 6+

Freestyle Level

Class is designed for skaters that are working on fine-tuning their skills in figure skating. Skaters must pass Basic 6 in order to be eligible to participate.

Age: 6+

Please check our website for times and dates at www.rtpd.org.